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**SCUNTHORPE & DISTRICT ATHLETIC CLUB  
THE WINTER WARM-UP MEETING**

**SATURDAY 25 MARCH 2017 at QUIBELL PARK, DN17 1ST**

(Held under UKA Rules)

Commencing at 10:00 Field and 10:45 Track

(Warm Up to start at 09:30 for Field Events)

- U11 Boys & Girls** 80m, 150m, 600m, Long Jump, Cricket Ball
- U13 Boys & Girls** 80m, 150m, 600m, Long Jump, Shot Putt,
- U15 Boys & Girls** 80m, 150m, 300m, 1000m, Long Jump, Shot Putt, Hammer
- U17/Jun/Sen Ladies** 80m, 150m, 300m, 600m, 1 mile, Long Jump, Hammer, Shot Putt
- U17/Jun/Sen Men** 80m, 150m, 300m, 600m, 1 mile, Long Jump, Hammer, Shot Putt

**ALL FIELD EVENTS FOUR ATTEMPTS**

Note: - All Under 17's and below can only enter 3 events, Under 20's can enter 5 events and Senior's no limit

**ENTRY FEES:** - Advance entries £5.00 for 1 event, £9 for 2 and £10 for 3. (Email/Block Club entries accepted at this price if fee arrives prior to closing date - No fee - Entries will not be registered)

Entries on the day £6.00 per event.

**Note:** - Entries on the day only accepted with completed entry form between 09:00 and 11.00

Please complete and return to: -  
 Mr D M Harmes,  
 17 Morecambe Ave, SCUNTHORPE, Nth Lincs, DN16 3JF.  
 Tel 01724 278614, E-mail dmharmes@btinternet.com.  
 Cheques payable to 'Scunthorpe and District Athletic Club.'

**AGES AS AT MIDNIGHT on 31<sup>st</sup> AUGUST 2016**

**CLOSING DATE FOR ENTRIES 20th MARCH 2017**

**ENTRY FORM – WINTER WARM-UP MEETING**

NAME..... TEL. NO.....

ADDRESS.....

CLUB.....

EVENTS .....D.O.B.....

AGE GROUP.....MALE/FEMALE.....

ENTRY FEE ENCLOSED..... E Mail.....

SIGNED.....

**[www.scunthorpeathletics.co.uk](http://www.scunthorpeathletics.co.uk) for more details**