

HUMBERSIDE TRACK & FIELD LEAGUE OPENS 2017 XXXXX

MEETING 4

On Sunday 6<sup>th</sup> AUGUST 2017

At the KING GEORGE Vth STADIUM, WEELSBY RD. GRIMSBY DN32 9RU

AT 10.30 am. Under UKA RULES. Permit; OUT 17/233

This programme includes events for age groups from U9 upwards. U9 means School Years 2 & 3.

TRACK EVENTS

TIME	EVENT	AGE GROUPS
11.00am.	70m Hurdles	U13 Girls 75m Hurdles U13 Boys 75m Hurdles U15 Girls
	80m Hurdles	U15 Boys 80m Hurdles U17 Women
	100m Hurdles	U17 Men 100m Hurdles SW 110m Hurdles Sen. Men
	100m	U13G U13B U15G U15B U17/J/SW U17/J/SM
	80m	U9G U9B U11G U11B
	300m	U15G U15B U17W
	400m	U17/J/SM U17/J/SW(U17W option)
	Wheelchair Race	400m/800m as required.
	Race Walk	Distance TBA.
	600m	U9G U9B U11G U11B
	800m	U13G U13B U15G U15B U17/J/SW U17/J/SM
	150m	U9G U9B U11G U11B
	1200m	U13G U13B
	1500m	U15 Age groups upwards
	200m	U13G U13B U15G U15B U17/J/S/W U17/J/SM
	5 x 80m Relay	U9 Mix & Match – circular track
	4 x 100m Relay	U11 U13 U15 U17/J/S – Mix & Match

FIELD EVENTS

(The Field events order is a guide. The Field Referee may decide to change this as necessary)

10.30am.	Triple Jump	U15 age group and above
	High Jump	U13B U15B U17/J/SM U13G U15G U17W/J/SW
	Shot Putt	U13G U15G
	Long Jump	U11B + U9B ( Run-up restricted to 10m.)
	Long Jump	U11G + U9G ( Run-up restricted to 10m.)
	Discus	U15G U17/J/SW
	Javelin	U15B U17/J/SM
	Discus	U13B U13G (remove)
	Long Jump	U13G U15G U17/J/SW
	Shot Putt	U13B U15B
	CB/RB	U9G U9B U11G U11B
	Shot Putt	U17/J/SM U17/J/SW
	Long Jump	U13B U15B U17/J/SM
	Discus	U15B U17/J/SM
	Javelin	U15G U17/J/SW

HUMBER MEETING ENTRY FEE IS £5.00 PER COMPETITOR PER NUMBER. **ALL ENTRIES ARE TAKEN ON THE DAY Complete slip below and hand in at registration for your number.**

NO ATHLETE IN THE U15 AGE GROUP AND BELOW MAY COMPETE IN MORE THAN ONE EVENT BETWEEN 600m and 3000m IN THE SAME DAY. NO ATHLETE IN THE U13 AGE GROUP MAY COMPETE IN THE TRIPLE JUMP. Enquiries to [ebellath@aol.com](mailto:ebellath@aol.com)

No.	Name	Club	Age Grp	Date of Birth	School Year	England Reg. No.