

HUMBERSIDE TRACK & FIELD OPENS 2017 MEETING 3 XXXXX

On SATURDAY 3<sup>rd</sup> JUNE 2017

At COSTELLO STADIUM HULL HU4 6XG

THIS MEETING INCLUDES A THROWS TRIATHLON FOR U15 AGE GROUPS UPWARDS  
MEDALS FOR U15,U17, JUN,SEN AGE GROUPS. Under UKA Rules, PERMIT; OUT 17/233

Also allocated County Championships events; 800m at U13 & U15, U11 Long Jump and  
Steeplechase for appropriate age groups. These events are marked by asterisks\*\*\*.

TRACK EVENTS

11.00 300m U15G U15B U17W U17M  
400m U17W J/SW U17M J/SM  
600m U9G U9B U11B U11G  
100m U13G U13B U15G U15B U17/J/SW U17/J/SM  
80m U9G U9B U11B U11G  
1500m U15B U15G 17W J/SW U17M J/SM  
Wheelchair race 400/800m as required.  
\*\*\*STEEPLECHASE as required SM(3000m) JM(2000m) U17M /JW/SW (1500m)  
\*\*\*800m U13G U13B U15G U15B U17/J/SW U17/J/SM  
70mH U13G  
75mH U13B U15G  
80mH U15B U17W  
100mH U17M JW  
110mH J/SM  
150m U9G U9B U11B U11G  
200m U13G U13B U15G U15B U17/J/SM U17/J/SW  
5 X 80 U11/U9B U11/U9  
4 X 100 U13G U13B U15G U15B U17W U17M JW JM SW SM

FIELD EVENTS (The Field events order is a guide and may change at the discretion of the Referee)

10.30 Long Jump U13B U13G  
High Jump U15G U15B  
TRIATHLON HT U15 U17 JUN SEN MALE & FEMALE  
\*\*\*Long Jump U11G U11B  
TRIATHLON JT U15 U17 JUN SEN MALE & FEMALE  
Shot Putt U13B  
Long jump U17M U17W  
CB/RB U11G U11B U9G U9B  
TRIATHLON SP U15 U17 JUN SEN MALE & FEMALE  
Long Jump U15G U15B  
Shot Putt U13G  
TRIATHLON DT U15 U17 JUN SEN MALE & FEMALE  
High Jump U13G U13B + U17+M U17+ W  
SOFT Hammer U11B U11G U9G U9B

Meeting entry fee is £5.00 per competitor per number; enquiries to [ebellath@aol.com](mailto:ebellath@aol.com) Please  
complete the form below and hand in upon registration for your number. Cut and retain programme-

No.	Name	Club	Age Grp	Date of Birth	School Year	England Reg. No.