

HUMBERSIDE TRACK & FIELD LEAGUE OPENS 2017

MEETING 1

ON SATURDAY 1st APRIL AT THE KING GEORGE VTH STADIUM WEELSBY RD. GRIMSBY, DN32 9RU.

AT 10.30am.(Field) & 11.00am.(Track)

Under UKA Rules. Permit; OUT 17/233 XXXXX

This Meeting will take the form of a QUADRATHLON competition for Age Groups Male & Female U9 (Years 2 & 3) U11 (Years 4 & 5),and U13, U15,

INDIVIDUAL EVENTS FOR U17, U20 and SENIOR AGE GROUPS

Quadrathlon Medals will be awarded to competitors placed 1st, 2nd, and 3rd, in each age group. QUADRATHLON COMPETITORS SHOULD PARTICIPATE IN A RUN, A JUMP, A THROW, PLUS ONE OTHER EVENT, IN THEIR RESPECTIVE AGE GROUP. NO QUADRATHLON COMPETITOR MAY COMPETE IN MORE THAN FOUR EVENTS

Please be aware that the choices of events made by the competitors may cause variations and re-scheduling to the programme. Please listen carefully to announcements. This meeting and the subsequent meeting 2 will also be used as trials for selection for the Humberside County Schools' Combined Events team. All athletes interested in selection for the Schools Combined Events team should register with Mrs. L Eldridge at the start of the meeting.

APPROX. TIME	TRACK (MALE & FEMALE)	FIELD (MALE & FEMALE)
11.00 Hurdles	10 15	Hammer Throw.
70mH U13G 75mH U13B	10.30	Other Field Events as announced.
75mH U15B U15G	U17/J/SM	LJ HJ TJ SP JT HT
80mH U15B U17W	U17/J/SW	LJ HJ TJ SP DT HT
100mH U17Men SW 110mH J/S. Men		
60m U9G U9G	U15B	LJ HJ TJ SP JT HT
80m U11B U11G U13G U13B	U15G	LJ HJ TJ SP DT HT
100m U15G U15B		
150m U17/J/SW U17/J/SM	U13B U13G	LJ HJ SP JT
300mH / 400mH	U17/J/SW U17/J/SM	
Wheelchair Race	400m/800m as Required	
TRACK BREAK		
500m U9G U9B U11G U11B	U11	LJ CB (Boys) RB (Girls)
600m U13G U13B		
800m U15G U15B	U9	STLJ CB (Boys) RB (Girls)
1000m U17/J/SM U17/J/SM		
300m / 400m U17/J/SW U17/J/SM		

HUMBER MEETING ENTRY FEE IS £5.00 PER COMPETITOR PER NUMBER. ALL ENTRIES ARE TAKEN ON THE DAY. Complete slip below and hand in at registration for your number.

NO ATHLETE IN THE U15 AGE GROUP AND BELOW MAY COMPETE IN MORE THAN ONE EVENT BETWEEN 600m and 3000m IN THE SAME DAY. NO ATHLETE IN THE U13 AGE GROUP MAY COMPETE IN THE TRIPLE JUMP. Enquiries to ebellath@aol.com

Cut and retain programme-----

No.	Name	Club	Age Grp	Date of Birth	School Year	England Reg. No.